

Total No. of Printed Pages:1

**SUBJECT CODE NO:- 1297**  
**FACULTY OF HUMANITIES**  
**B.A. S.Y. Sem IV**

**Examination March/April-2022 (To Be Held In June/July-2022)**

**Physical Education - IV**

**(Officiating Coaching and Training Methods in Physical Education & Sports)**

[Time: 1:53 hours]

[Max.Marks:50]

N.B Please check whether you have got the right question paper.

1) All questions are compulsory.

सर्व प्रश्न सोडवा.

Q.1 What is mean by officiating? Explain philosophy of officiating?

15

पंचगिरी म्हणजे काय? पंचगिरीचे तत्वे सांगा?

OR

किंवा

State the need of sports coach & significant?

क्रीडा मार्गदर्शकाची आवश्यकता व महत्व सांगा?

Q.2 Explain in detail General basic training?

15

सर्वसाधारण प्रशिक्षण पद्धती सविस्तर वर्णन करा?

OR

किंवा

Need and importance of sports training explain in detail?

खेळ प्रशिक्षणाची आवश्यकता व महत्व सविस्तर वर्णन करा?

Q.3 Write short notes on any two of the following?

20

- Interval training
- Skills of Kho-Kho
- Fart-Lek Training
- Skills of Kabaddi

खालीलपैकी कोणत्याही दोनवर थोडक्यात उत्तरे लिहा

- इन्टरव्हल ट्रेनिंग
- आ) खो-खो खेळाची कौशल्ये
- इ) फार्ट लेक प्रशिक्षण पद्धती
- ई) कबड्डी खेळाची कौशल्ये